



**Mae Brechu yn achub bywydau**  
**Vaccination saves lives**



**GIG**  
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**NHS**  
WALES

Bwrdd Iechyd Prifysgol  
Hywel Dda  
University Health Board

September 2023

**Help keep your child well this winter – make sure they have their flu vaccine.**

Dear parent or guardian,

The school nursing team will visit your child's school to offer children a **nasal spray flu vaccine**.

**The NHS recommends that your child has a flu vaccination every year.**

Please read the information enclosed and complete the consent form

It's very important to protect your child from flu to make sure they stay as healthy as possible, as both COVID-19 and flu are likely to circulate this winter. The best flu vaccine for most children is a nasal spray. This is the vaccine that will be given on the day.

We have included flu vaccination information and a consent form with this letter. To help make sure the vaccine is suitable for your child, and they don't miss out, please take time to read the information and then **return the filled-in form to your child's school as soon as possible**.

If you want more information about flu vaccination for children, please contact the school nurse, or phone NHS 111 Wales or visit [phw.nhs.wales/flu vaccine](http://phw.nhs.wales/flu vaccine).

Yours faithfully,

**Paula Perkins**

Team Leader School Nursing

**After you have returned the consent form, please contact the school nurse on 01554 899094 before the vaccination session if:**

- **there are any changes to your child's health, or**
- **their asthma medication is increased, or**
- **they are prescribed oral steroids, or**
- **they become wheezy.**

Note: There are a very small number of children who should not have the nasal flu vaccine. Please see the information sheet for more detail, or look at [phw.nhs.wales/flu vaccine](http://phw.nhs.wales/flu vaccine).